

Physician: _____

The patient listed below:

_____, Date of Birth: ____/____/____

is currently receiving or would like to receive Neuromuscular Therapy or Medical Massage Therapy for the possible diagnoses listed on the reverse of this form. Frequently used ICD-10 codes are provided on the reverse of this request.

Upon consulting with the patient, it is my understanding that his/her insurance company will reimburse the patient for medical massage if you or one of your colleagues provides a written prescription.

An example of an acceptable prescription for medical massage is provided below. This letter is provided for the benefit of our mutual patient to ensure reimbursement without question from their insurance company and to allow the patient to use this therapy as a medical expense when completing their year-end tax return.



ECHO Healing & Massage

Ivy Iverson, LMT, CNMT

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DEA # AB1234567	DOCTOR NAME, M.D. 123 MAIN STREET ANYTOWN, WA 98871 258-555-1212	NPI # 123456789
NAME _____		
ADDRESS _____		DATE _____
R		
<i>Medical Massage CPT 97124 Dx: _____</i>		
<i>4-6 units weekly</i>		
<i>Duration: 6-8 weeks or PRN</i>		
<i>(16-24 units per mo)</i>		
<i>Reevaluate in 8 weeks or continue PRN</i>		
REFILL 1 2 3 4 5 6 6 NR VOID AFTER _____		
SUBSTITUTION PERMITTED		DISPENSE AS WRITTEN

Points to remember:

1 Unit of massage is = 15 minutes.

Medical Massage prescriptions **must be written in this "unit" format.**

Results with medical massage can usually be seen in 4-6 units per week over a period of 6 weeks, for an acute injury.

For chronic pain or inflammation 8-16 units per month is usually sufficient and can be used PRN depending on the needs of the patient.

Feel free to contact me with any questions regarding this requested prescription for medical massage.

Warmest Regards,

Ivy Iverson, LMT, CNMT

Frequently used ICD-10 codes are provided on the reverse of this request.

Region of Body	Symptomology or Description	ICD-10 Code	
Head / Neck / Upper Body:	Migraine Headache or Migraine w/ Aura	G43 or G43.0	
	Headache	G44	
	Tension Headache	G44.009	
	Vertigo	H81.10	
	Pulled Muscle	M60.-	
	Occipitocervical	M9900	
	Unspecified Kyphosis (cervical)	M40.202	
	Neuromuscular Scoliosis	M41.42	
	TMJ	M26.6	
	Contracture of muscle	M62.4	
	Torticollis	M43.6	
	Acromioclavicular Joint dislocation	S43.1	
	Allergies	H65.11	
	Tinnitus	R: H93.11 L: H93.12	
	Arms / Upper extremities:	Shoulder Pain	R: M25511 L: M25.512
Rotator Cuff		R: M75.101 L: M75.102	
Brachial Neuritis		M79.2	
Injury of nerves in upper arm and shoulder		S44	
Rheumatoid vasculitis with arthritis of wrist		M05.23	
Carpal Tunnel Syndrome		G56.00	
Contracture of muscle		M62.4	
Tendonitis		M67	
Arthritis -hand with systemic involvement		M05.64	
Other specified rheumatoid arthritis elbow		M06.82	
Pain in chest or Angina pectoris		G89 or I20.9	
Contracture of muscle		M62.4	
Pain in ribs or Pain in chest on breathing		R07.1	
Connective tissue stenosis of rib cage		M99.48	
Thoracic or rib sprain or fracture of rib		S23.41 or S22.3	
Upper Thoracic (Truck):	Kyphosis	M40 , M40.13, M40.20	
	Lordosis	M40	
	Thoracic Compression Fracture	S22.000	
	Waist / Lumbar / Upper Leg:	Dislocation of Sacroiliac & Sacrococcygeal joint	S33.2
		Sprain of Sacroiliac joint	S33.6
	Sciatica Pain or Lesion	M54.3 or R: G57.01 L: G57.02	
	Low Back Pain	M54.5	
	Pain in limbs	R: M25561 L: M25562	
	Injury of Sciatic nerve at hip/thigh level	R: S74.01 L: S74.02	
	Backache or muscle spasm of back	R52 or M62.830	
Hip Pain	R: M25551 L: M25552		
Systemic Rheumatoid Arthritis of hip	M05.65		
Lower Leg / Foot:	Plantar Fasciitis Fibromatosis	M72.2	
	Plantar Wart	B07.0	
	Morton's Neuroma (Plantar nerve lesion)	G57.6	
	Pes Anserine Tendonitis or Bursitis (knee)	M06.069	
	Chronic Gout	R: M1A.0610 L: M1A.062	
	Ankle Pain or Arthritis of ankle (systemic)	M05.67	
	Spontaneous rupture of extensor (A)	(A) M66.26	
	~ or (B) flexor tendons lower leg	(B) M66.3	
	Arthritis of ankle	M13.87	
	Synovitis and Tenosynovitis	M12.279 or M65	
	Tendonitis or Abscess of tendon sheath	M67 or M65.039	
	Short Achilles tendon (acquired)	M67.0	
	Other Symptoms Unspecified:	Edema	R22 or R60 or R60.0
		Fibromyalgia	M79.7
		Pregnancy Back Pain (Subluxation of pubis)	O26.71 or O26.89
Irritable Bowel Disorder or w/ Diarrhea		K58 or K58.0	
System shock post termination of pregnancy		O04.81	
Nontraumatic separation of muscle		M62.0	
Events:	Motor vehicle accident Driver or Passenger	V53.0 / V39.9XXA	
	Motorcycle driver injured / passenger injured	V22.0 / V22.1	
	Cyclist (pedal) injured in collision with motor vehicle	V19.0	
	Pedestrian injured by car, van or truck	V03 or V03.00XA	
	Fall from horse	V80.0	
	Fall from ice/snow or stumble on same level	W00 or W01	
	Injury from watersports or water-skis	V94.0XXA or V93.87	
OTHER:	Car driver or passenger injured by railway train	V46.5 or V45.6	